



# Kingston Gymnastics Club

## Private Tumbling Lessons

KGC offers Private (one on one) and Semi-Private (two to one or three to one) classes. Classes are scheduled with an experienced Level 2 Certified Coach.

These classes are ideal gymnasts, dancers, and cheerleaders who wish to focus on learning or improving their tumbling skills in a short period of time.

- Small participant to coach ratio
- Focus on skills and goals of your choice
- Specific conditioning, stretching, and drills
- Work around your schedule
- Book as few or as many as you wish
- All ability levels are welcome

<b>30 Minute Lessons</b>	<b>1 lesson</b>	<b>3 lessons</b>	<b>6 lessons</b>	<b>12 lessons</b>	<b>16 lessons</b>	<b>20 lessons</b>
Private (1 on 1)	\$30	\$75	\$150	\$270	\$360	\$450
Semi-Private (2 to 1)	\$25 per person	\$62.50 per person	\$125 per person	\$225 per person	\$300 per person	\$370 per person
Semi-Private (3 to 1)	\$20 per person	\$50 per person	\$100 per person	\$180 per person	\$240 per person	\$300 per person
<b>45 Minute Lessons</b>						
<b>45 Minute Lessons</b>	<b>1 lesson</b>	<b>3 lessons</b>	<b>6 lessons</b>	<b>12 lessons</b>	<b>16 lessons</b>	<b>20 lessons</b>
Private (1 on 1)	\$45	\$112.50	\$225.00	\$405	\$540	\$675
Semi-Private (2 to 1)	\$37.50 per person	\$93.75 per person	\$187.50 per person	\$337.50 per person	\$450 per person	\$562.50 per person
Semi-Private (3 to 1)	\$30 per person	\$75 per person	\$150 per person	\$270 per person	\$360 per person	\$450 per person
<b>60 Minute Lessons</b>						
<b>60 Minute Lessons</b>	<b>1 lesson</b>	<b>3 lessons</b>	<b>6 lessons</b>	<b>12 lessons</b>	<b>16 lessons</b>	<b>20 lessons</b>
Private (1 on 1)	\$60	\$150	\$300	\$540	\$720	\$900
Semi-Private (2 to 1)	\$50 per person	\$125 per person	\$250 per person	\$450 per person	\$600 per person	\$750 per person
Semi-Private (3 to 1)	\$40 per person	\$100 per person	\$200 per person	\$360 per person	\$480 per person	\$600 per person

Participants must pay an Annual (July 1 to June 30) \$30 GO Fee. The Club will waive this fee with a purchase of a package of 6+ lessons.

Contact us for more information or to book: [kgcdirector@gmail.com](mailto:kgcdirector@gmail.com)  
Please include: name, age, current ability level, goals, and availability.

Join us, you'll flip!